



The right time to think about your health is **now**

Be Well El Paso offers a comprehensive and holistic health coaching program to help you on your wellness journey. We offer:



Group Health Coaching



Standalone Presentations



Healthy Habit Creations



Accountability Support



Nutrition Education



Bilingual Programming

REGISTER ONLINE AT BEWELLEP.COM



For information, call (915) 212-6633 or email BeWell@elpasotexas.gov